



Nebraska Fresh Fruit & Vegetable Program

Program Description



The Nebraska Fresh Fruit and Vegetable Program (FFVP) provides all children and staff in participating schools with a variety of free fresh fruits and vegetables throughout the school day. It is an effective and creative way of introducing fresh fruits and vegetables as healthy snack options.

The Nebraska FFVP is supported by the U.S. Department of Agriculture (USDA) and is managed through the Nebraska Department of Education, Nutrition Services, in partnership with the Nebraska Department of Health and Human Services, Nutrition and Activity for Health Program.

Participating schools are also given materials and resources to promote fresh fruits and vegetables through classroom lessons, activities, food service and community partnerships. By increasing fresh fruit and vegetable eating opportunities and promoting consumption, students and staff are supported to improve their diets during the school day.



How It Works

- Nebraska elementary schools with 50 percent or more students eligible for free or reduced-price meals are eligible to participate.
- Eligible schools complete an annual application to participate.
- Select schools agree to offer free fresh fruits and vegetables to students during the school day outside of meal times.

Program Goals:



- Create a healthier school environment by providing healthier foods choices
 - Expand the variety of fresh fruits and vegetables children experience
 - Increase children's fresh fruit and vegetable consumption
- Make a difference in children's diets to impact their present and future health

More Information: <http://www.education.ne.gov/ns/NSLP/FFVP/FFVP.html>