

7411 HEALTH EDUCATION

The purpose of health education in Grand Island Public Schools is to help each student improve and maintain physical, emotional, and social well-being. Students in grade levels preschool through twelve shall receive instruction in the following topics:

- personal health,
- food and nutrition,
- environmental health,
- safety and survival skills,
- consumer health,
- family life,
- human growth and development,
- substance abuse and non-use (including the effects of alcohol, tobacco, drugs and poisons on the human body),
- human sexuality,
- self-esteem,
- stress management,
- interpersonal relationship,
- emotional and social health,
- health resources,
- prevention and control of disease, and
- communicable diseases (including Acquired Immune Deficiency Syndrome).

The areas stated above shall be integrated into the curriculum and shall be adapted at each grade level to aid understanding by students.

Parents who object to health education instruction in human growth and development may file a written request that the student be excused from the instruction (Policy 9110.2 Request for Exclusion Form). The written request shall include a proposed alternate activity or study acceptable to the superintendent. The superintendent or designee shall have the final authority to determine the alternate activity or study.

Legal Reference: 79-712

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