

Welcome to Kindergarten



Note from the School Nurse

The following information may be helpful as we work together to keep your child in school as much as possible. Please use this as a guideline to help you make the decision of sending a child to school or keeping them home due to illness. We recognize unique situations may develop. **If you are unsure regarding your situation please feel free to call the school and speak with the nurse.**

FEVERS: Anytime your child has a temperature of 100.0 or more, they need to be at home. Please **do not** give your child medication to bring their temperature down and then send them to school. Children who develop a temperature of 100.0 or greater during the school day will be sent home.

COLDS: Your child is welcome to attend school with mild cold symptoms, however; if coughing or nasal discharge is disruptive to your child, please keep them home a day or two until the symptoms are improved or managed by cold medications.

STOMACH FLU: If your child is vomiting or has diarrhea during the night or the morning before school please **keep them home**. Children who develop vomiting or diarrhea during school hours may be sent home.

PINK EYE: This is an infection of the eye. Children with suspected pink eye are assessed and may be sent home at the nurse's discretion. If you suspect pink eye do not send your child to school. Give your doctor's office a call, and ask when it is OK for your child to return to school,

IMPETIGO AND RINGWORM: Children may come to school with either of these skin conditions as long as lesions have been treated and the affected area is covered.

STREP THROAT: Symptoms may include sore throat, headache, stomach ache, swollen lymph nodes, swollen tonsils, red throat, and fever. Children may need to visit the doctor's office if they have a number of these symptoms. Strep throat can only be diagnosed and treated by a physician. If your child is diagnosed with strep throat, they may return to school after they have started antibiotics and are fever free.

HEAD LICE: Head lice is easy to acquire. Anyone can get lice. Children with lice may be sent home at the nurse's discretion. The key to getting rid of lice is quick treatment. Hair must be treated with a special shampoo and nits must be removed. Children may return to school the day following treatment.

RASH: A rash can indicate many different things from minor irritation to common childhood diseases. A child with an unidentified rash may need to be seen by a doctor for diagnosis before coming back to school. Children who develop a rash at school may be sent home and encouraged to have medical follow up.

INFECTIOUS DISEASES - Such as Pertussis, TB, COVID-19, Measles, Mumps, etc. - Please call the school nurse if your child has been diagnosed with these or any other communicable disease. We will work with the health department on a plan for your child and school.

Please keep in mind this is just a guideline. If your child isn't feeling good at home he/she is probably not going to feel like doing much at school. **A good rule of thumb is to ask yourself this, "Would I want a child with my child's symptoms, learning, playing, or breathing next to my child?"** If the answer is no, it would be wise to keep them home. Again if you have any questions, or you just aren't sure please call the school and speak with the nurse. If you have attendance concerns, please call and speak with the nurse or social worker.

- Please remember to provide a copy of your child's updated immunizations and physical to the school nurse.
- Please inform the school nurse if your child has any chronic health problems or allergies.
- Please inform the nurse of any changes in your child's health status.
- Discuss with the nurse any special needs your child may have.

Please contact us with any questions!