








# JAN Peanut Free Menu - HOWARD Calendar



<p>2</p> 	<p>3</p> <p>Mandarin Orange Chicken Rice Carroteenies Peaches</p> <p>Cereal, Cereal Bar</p>	<p>4</p> <p>Pepperoni Pizza Green Beans Veggie Cup or Side Salad Apple Slices</p> <p>Strawberry Splash Pancakes</p>	<p>5</p> <p>Nachos w Meat &amp; Cheese Sauce Veggie Cup or Side Salad Applesauce Cup Gripz Graham Crackers</p> <p>Egg &amp; Cheese on Bun</p>	<p>6</p> <p>Corn Dog Crinkle Cut Fries Veggie Cup or Side Salad Mandarin Oranges Bread/ Margarine</p> <p>Cereal, Graham Cracker</p>
<p>9</p> <p>French Toast Sticks, Egg Omelet Tri Tater w Syrup Veggie Cup or Side Salad Cherry Apple Juice</p> <p>Cereal, Cereal Bar</p>	<p>10</p> <p>Breaded Chicken Patty on Bun Twister Fries Veggie Cup or Side Salad Peaches</p> <p>Eggo Mini Maple Waffles - <b>NEW ITEM</b></p>	<p>11</p> <p>Cheesy French Bread Pizza Green Beans Apple Slices Veggie Cup or Side Salad</p> <p>Turkey Breakfast Sliders </p>	<p>12</p> <p>Chicken Nuggets, Dinner Roll Mashed Potatoes, Gravy Sour Watermelon Raisels Veggie Cup or Side Salad</p> <p>Sausage Breakfast Pizza </p>	<p>13</p> <p>Hot Dog on Bun  Cowboy Beans Orange Smiles Veggie Cup or Side Salad</p> <p>Cereal, Totally Banana Bar</p>
<p>16</p> <p>Meatball Sub Tri Tater Veggie Cup or Side Salad Applesauce Cup</p> <p>Cereal, Apple Delight</p>	<p>17</p> <p>Chicken Taco, Lettuce, Cheese, Salsa Refried Beans Veggie Cup or Side Salad Frozen Peach Cup Bread and Margarine</p> <p>French Toast Sticks, Syrup</p>	<p>18</p> <p>Max Sticks &amp; Marinara Sauce Veggie Cup or Side Salad Apple Slices <b>Peanut/Nut Free Cookie</b></p> <p>Bacon Breakfast Pizza </p>	<p>19</p> <p>Breaded Pork Pattie  on Bun Corn Veggie Cup or Side Salad Pears Little Graham Squares</p> <p>Cereal, Orange Dream Mini Loaf</p>	<p><b>No School Today</b></p>
<p>23</p> <p>Hamburger on Bun Pickles Smile Fries Veggie Cup or Side Salad Pineapple</p> <p>Cereal, Cheese Stick</p>	<p>24</p> <p>Chicken Tenders Carrots Veggie Cup or Side Salad Banana Cheese Goldfish Crackers</p> <p>Breakfast Stick </p>	<p>25</p> <p>Fiestada Pizza Mexican Chili Beans Veggie Cup or Side Salad Mixed Fruit</p> <p> Bacon/Egg Breakfast Toast</p>	<p>26</p> <p>Roast Turkey &amp; Dinner Roll Mashed Potatoes &amp; Gravy Veggie Cup or Side Salad Frozen Apricot Cup</p> <p>Eggo Mini Chocolate Chip French Toast - <b>NEW ITEM</b></p>	<p>27</p> <p>Mini Corn Dogs  Twister Fries Veggie Cup or Side Salad Apple Slices Bread &amp; Margarine</p> <p>Cereal, Strawberry Delight</p>
<p>30</p> <p>Chicken Drummys, Dinner Roll Baked Potato/ Margarine Veggie Cup or Side Salad Mixed Fruit Juice</p> <p>Cereal, Yogurt</p>	<p>31</p> <p>Breaded Beef on Bun Corn Veggie Cup or Side Salad Orange Smiles</p> <p>French Toast Sticks</p>			

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ELEMENTARY SECOND LUNCH CHOICE: Item listed takes place of main entrée				
Monday	Tuesday	Wednesday	Thursday	Friday
No Sandwich Choice	Turkey Ham & Cheese	Turkey & Cheese	Submarine	Cheese, Yogurt, Crackers



Peanut/Tree nut substitutions are highlighted

