

Grand Island Public Schools
INTRODUCTION TO SPORTS MEDICINE

Course Length: One semester

Grade Levels: 10, 11, 12

Prerequisite Courses: Biology

Course Description:

This course helps students learn to respond appropriately to medical emergencies, assist the ATC with training duties, and perform basic injury prevention and treatment tasks.

Introduction to Sports Medicine Course Standards

As a result of their participation in this course, students will:

- Understand correct responses to emergency situations.
- Assist the trainer in providing care for the athletes in the training room.
- Perform basic taping procedures for injury prevention.
- Provide immediate care for minor injuries during athletic events.
- Identify the various types of injuries.
- Assist the trainer with injury treatment recordkeeping.