

## Grand Island Public Schools **CLINICAL NUTRITION**

**Course Length:** Two semesters

**Grade Levels:** 10, 11, 12

**Prerequisite Courses:** Biology

### **Course Description:**

This course helps students learn about the body's requirement and uses of nutrients, including an appreciation of the relationship of nutrition to the individual, family, community, and the world. Students will apply their nutrition knowledge and critically evaluate nutrition information communicated in the media for their own personal or the patient's health promotion.

### **Clinical Nutrition Course Standards**

#### **As a result of their participation in this course, students will:**

- Describe food/nutrition practices recommended for health promotion and disease prevention.
- Evaluate nutritional status by analyzing, critiquing personal nutritional practices and health status.
- Identify the major nutrients, their food sources, and their function in the body.
- Review current nutrition issues and critically analyze them based on scientific research guidelines.
- Identify the factors impacting the food/nutrient intake and needs of individuals and groups throughout the life cycle.
- Evaluate global issues of malnutrition and food safety.