

Top Ten Field Events: 1988–2008

| Event | | Name | Performance | Year |
|-------------|---------------|------------------------|-----------------|-------------|
| Long Jump | School Record | Charmaine Galloway | 18–03.00 | 1994 |
| | 1 | Charmaine Galloway | 18–03.00 | 1994 |
| | 2 | Alex Armes | 18–01.00 | 2007 |
| | 3 | Ann Armes | 17–10.00 | 2006 |
| | 4 | Alissa Axford | 17–05.75 | 1998 |
| | 5 | Ariel Krolikowski | 17–04.00 | 2006 |
| | 6 | Sandy Lewandowski | 17–03.50 | 1993 |
| | 7 | Steph Schmitt | 17–01.75 | 1997 |
| | 8 | Wendy Tjaden | 16–09.00 | 1997 |
| | 9 | Jeri Walkowiak | 16–06.75 | 2006 |
| | 10 | Suzanne Higgins | 16–06.50 | 2008 |
| Triple Jump | School Record | Steph Schmitt | 37–03.75 | 1997 |
| | 1 | Steph Schmitt | 37–03.75 | 1997 |
| | 2 | Mollie Myers | 35–09.50 | 2006 |
| | 3 | Tana O' Boyle | 35–00.25 | 2008 |
| | 4 | Katie Myers | 34–03.00 | 2000 |
| | 5 | Cathy Sorensen | 34–02.00 | 1997 |
| | 6 | Michaela Knuth | 33–00.75 | 2008 |
| | 7 | Alecia McMahon | 33–00.00 | 2008 |
| | 8 | Brooke Studley | 32–02.25 | 1999 |
| | 9 | Julie Ewoldt | 31–09.00 | 1995 |
| | 10 | Emily Depue | 31–08.25 | 1999 |
| High Jump | School Record | Kim Oden | 5–08 | 1985 |
| | 1 | Johnna Jeffries | 5–06 | 2006 |
| | 2 | Sandy Lewandowski | 5–05 | 1993 |
| | 3 | Ariel Krolikowski | 5–04 | 2006 |
| | 4 | Shanna VanZyl | 5–04 | 2000 |
| | 5 | Jill Dugan | 5–03 | 1992 |
| | 6 | Nikki Burns | 5–02 | 1992 |
| | 7 | Susan McKinny | 5–02 | 1994 |
| | 8 | Christine Haney | 5–02 | 1993 |
| | 9 | Nikki McHugh | 5–02 | 1988 |
| | 10 | Sara Elrod | 5–02 | 2003 |

Top Ten Field Events: 1988–2008

| Event | | Name | Performance | Year |
|------------|---------------|-----------------------|-----------------|-------------|
| Pole Vault | School Record | Steph Beberniss | 10–10 | 2000 |
| | 1 | Steph Beberniss | 10–10 | 2000 |
| | 2 | Danica Fargo | 10–06 | 2006 |
| | 3 | Amber Kunze | 10–04 | 2008 |
| | 4 | Jessi Caruso | 10–02 | 1999 |
| | 5 | Tara Klimek | 9–09 | 2005 |
| | 6 | Alecia McMahon | 9–06 | 2008 |
| | 7 | Laken Hormann | 9–02 | 2008 |
| | 8 | Andi Spencer | 8–11 | 2003 |
| | 9 | Ali Conklin | 8–08 | 2008 |
| | 10 | Jessica Ostermeier | 8–06 | 2007 |
| Shot Put | School Record | Kelli Roach | 41–10.50 | 2003 |
| | 1 | Kelli Roach | 41–10.50 | 2003 |
| | 2 | Kristi Burmood | 40–08.00 | 1995 |
| | 3 | McKayla Gowan | 38–06.50 | 2008 |
| | 4 | Christy Pierce | 37–08.50 | 2003 |
| | 5 | Sarah Hinman | 37–08.25 | 2007 |
| | 6 | Angela Broers | 36–11.75 | 2007 |
| | 7 | Jordan Plummer | 36–08.00 | 2001 |
| | 8 | Cassie Lundgren | 36–06.75 | 2007 |
| | 9 | Stacey Bartunek | 35–09.25 | 1993 |
| | 10 | Tressa O'Neill | 35–07.00 | 1990 |
| Discus | School Record | Paula Evans | 141–03 | 1976 |
| | 1 | Christy Pierce | 130–06 | 2003 |
| | 2 | Alex Tatro | 130–01 | 2005 |
| | 3 | Katie Harvey | 129–05 | 2007 |
| | 4 | Lisa Gibbs | 126–01 | 1999 |
| | 5 | Sarah Hinman | 125–11 | 2007 |
| | 6 | Kelli Roach | 118–09 | 2002 |
| | 7 | Courtney Smith | 117–00 | 1999 |
| | 8 | Kalie Lyon | 116–01 | 2004 |
| | 9 | Carissa Kinne | 115–00 | 2008 |
| | 10 | Angela Broers | 112–09 | 2007 |

Top Ten Running Events: 1988–2008

| Event | | Name | Performance | Year |
|--------------------------------|---------------|------------------------|-------------|-------------|
| 100m Hurdles | School Record | Kim Oden | 14.6 | 1985 |
| | 1 | Erin John | 15.0 | 1993 |
| | 2 | Stacy Sherlock | 15.2 | 1996 |
| | 3 | Jenny Helms | 15.3 | 1989 |
| | 4 | Steph Smith | 16.0 | 1994 |
| | 5 | Brie Thaden | 16.3 | 1998 |
| | 6 | Kim Grudzinski | 16.3 | 1988 |
| | 7 | Michelle Davis | 16.4 | 1989 |
| | 8 | Tana O'Boyle | 16.77 | 2007 |
| | 9 | Sheena Waters | 16.9 | 2002 |
| | 10 | Michelle Ferguson | 17.2 | 1990 |
| 300m Hurdles | School Record | Suzanne Higgins | 45.2 | 2008 |
| | 1 | Suzanne Higgins | 45.2 | 2008 |
| | 2 | Karissa Foight | 45.3 | 1996 |
| | 3 | Erin John | 46.0 | 1992 |
| | 4 | Stacy Sherlock | 47.2 | 1997 |
| | 5 | Jenny Helms | 47.4 | 1989 |
| | 6 | Tara Price | 47.7 | 1993 |
| | 7 | Tana O'Boyle | 48.398 | 2007 |
| | 8 | Jessi Caruso | 48.85 | 1998 |
| | 9 | Kayla Pietzyk | 49.0 | 1998 |
| | 10 | Trudy Tesmer | 49.4 | 1990 |
| 75m Hurdles-9th Since 1998 | School Record | Leslie Harmon, Barr | 13.0 | 1992 |
| | School Record | Vee Syvilayvong, Barr | 13.0 | 1993 |
| | School Record | Steph Smith, Walnut | 12.3 | 1991 |
| | 1 | Jessica Bixenmann | 13.0 | 2000 |
| | 2nd Tie | Allison Arnold | 13.3 | 2008 |
| | 2nd Tie | Katie Kerr | 13.3 | 1999 |
| | 4th Tie | Katie Harvey | 13.5 | 2004 |
| | 4th Tie | Tana O'Boyle | 13.5 | 2005 |
| | 6th Tie | Carissa Kinne | 13.7 | 2006 |
| | 6th Tie | Lindsay Vanis | 13.7 | 1999 |
| | 8 | Ruth Jensen | 13.9 | 1998 |
| | 9 | Renae Briscoe | 14.1 | 2007 |
| | 10 | Rachel Huston | 14.2 | 2008 |
| 195m Hurdles-9th Since 1998 | School Record | Kayla Pietzyk | 29.3 | 1998 |
| | 1 | Kayla Pietzyk | 29.3 | 1998 |
| | 2 | Tana O'Boyle | 30.8 | 2005 |
| | 3 | Renae Briscoe | 32.0 | 2007 |
| | 4 | Jessica Bixenmann | 32.1 | 2000 |
| | 5 | Ruth Jensen | 32.4 | 1998 |
| | 6 | Haley Watson | 32.6 | 2008 |
| | 7 | Ashley Teahon | 32.8 | 1999 |
| | 8 | Katie Kerr | 33.0 | 1999 |
| | 9 | Katie Harvey | 33.1 | 2004 |
| | 10 | Lindsay Vanis | 33.4 | 1999 |

Top Ten Running Events: 1988–2008

| Event | | Name | Performance | Year |
|---------|---------------|--------------------------|--------------|-------------|
| 100m | School Record | Sandra Lawton | 12.2 | 1994 |
| | 1 | Sandra Lawton | 12.2 | 1994 |
| | 2 | Alex Armes | 12.270 | 2007 |
| | 3rd Tie | Kayla Pietzyk | 12.3 | 2000 |
| | 3rd Tie | Karissa Foight | 12.3 | 1996 |
| | 3rd Tie | Allison Jorgensen | 12.3 | 2008 |
| | 6 | Callie Kroeger | 12.4 | 1992 |
| | 7 | Allison Klimek | 12.5 | 2002 |
| | 8th Tie | Jeri Walkowiak | 12.6 | 2007 |
| | 8th Tie | Alissa Axford | 12.6 | 1999 |
| | 8th Tie | Barb Bellairs | 12.6 | 1989 |
| | 8th Tie | Sandy Lewandowski | 12.6 | 1993 |
| | 200m | School Record | Alex Armes | 25.151 |
| 1 | | Alex Armes | 25.151 | 2007 |
| 2 | | Kayla Pietzyk | 25.6 | 2000 |
| 3 | | Karen Washington | 25.7 | 1989 |
| 4 | | Sandra Lawton | 25.8 | 1992 |
| 5 | | Allison Jorgensen | 25.89 | 2008 |
| 6 | | Suzanne Higgins | 25.9 | 2007 |
| 7th Tie | | Karissa Foight | 26.0 | 1994 |
| 7th Tie | | Callie Kroeger | 26.0 | 1992 |
| 9th Tie | | Jeri Walkowiak | 26.5 | 2006 |
| 9th Tie | | Barb Bellairs | 26.5 | 1988 |
| 400m | School Record | Karen Washington | 57.6 | 1989 |
| | 1 | Karen Washington | 57.6 | 1989 |
| | 2 | Suzanne Higgins | 57.869 | 2007 |
| | 3 | Ann Armes | 58.119 | 2006 |
| | 4 | Karissa Foight | 58.58 | 1996 |
| | 5 | Kelli Bunger | 1:00.12 | 2003 |
| | 6 | Kayla Pietzyk | 1:00.73 | 2001 |
| | 7 | Wendy Tjaden | 1:00.82 | 1997 |
| | 8 | Alex Armes | 1:01.6 | 2007 |
| | 9 | Ariel Krolikowski | 1:01.84 | 2006 |
| | 10 | Krissy Rerucha | 1:01.9 | 1999 |

Top Ten Running Events: 1988–2008

| Event | No | Name | Performance | Year |
|-------|---------------|---------------------|----------------|-------------|
| 800m | School Record | Holly Yencer | 2:19.7 | 1981 |
| | 1 | Melisa Ritchie | 2:21.90 | 2005 |
| | 2 | Robyn Fickes | 2:22.3 | 1996 |
| | 3 | Erica Shonsey | 2:23.1 | 1992 |
| | 4 | Christine Haney | 2:23.3 | 1992 |
| | 5 | Emily Humphrey | 2:23.9 | 1999 |
| | 6 | Laura Luther | 2:24.2 | 1989 |
| | 7 | Megan Faz | 2:24.629 | 2003 |
| | 8 | Anne McGovern | 2:25.93 | 2002 |
| | 9 | Brooke DeNoyer | 2:26.9 | 2002 |
| | 10 | Katie Roe | 2:27.5 | 2000 |
| 1600m | School Record | Holly Yencer | 5:18.9 | 1981 |
| | 1 | Kristen Fitzgerald | 5:20.252 | 2005 |
| | 2 | Sara Farrand | 5:21.66 | 1996 |
| | 3 | Christine Haney | 5:23.2 | 1992 |
| | 4 | Anne McGovern | 5:24.07 | 2004 |
| | 5 | Jennifer Huwaldt | 5:24.9 | 1991 |
| | 6 | Robyn Fickes | 5:31.04 | 1996 |
| | 7 | Susanne Swanson | 5:31.4 | 1999 |
| | 8 | Alison Wiegert | 5:33.28 | 2001 |
| | 9 | Melanie Underwood | 5:36.1 | 1992 |
| | 10 | Jami Evans | 5:40.82 | 2007 |
| 3200m | School Record | Holly Yencer | 11:35.5 | 1981 |
| | 1 | Sara Farrand | 11:43.06 | 1998 |
| | 2 | Jennifer Huwaldt | 11:43.2 | 1991 |
| | 3 | Susanne Swanson | 11:45.7 | 1996 |
| | 4 | Amy Webb | 11:54.72 | 1997 |
| | 5 | Kristen Fitzgerald | 11:55.765 | 2005 |
| | 6 | Wendy Peterson | 12:00.3 | 1997 |
| | 7 | Anne McGovern | 12:07.10 | 2002 |
| | 8 | Jami Evans | 12:15.474 | 2007 |
| | 9 | Jackie Walford | 12:16.83 | 1994 |
| | 10 | Bailee Glade | 12:39.9 | 2008 |

Top Ten 400m Relay Teams: 1988–2008

| No | Name | Performance | Year |
|----------------------|--------------------------|---------------|-------------|
| School Record | Suzanne Higgins | 49.163 | 2007 |
| | Allison Jorgensen | | |
| | Ann Armes | | |
| | Jeri Walkowiak | | |
| 1 | Suzanne Higgins | 49.163 | 2007 |
| | Allison Jorgensen | | |
| | Ann Armes | | |
| | Jeri Walkowiak | | |
| 2 | Mollie Myers | 49.831 | 2006 |
| | Johnna Jeffries | | |
| | Ann Armes | | |
| | Jeri Walkowiak | | |
| 3 | Suzanne Higgins | 49.834 | 2008 |
| | Allison Jorgensen | | |
| | Michaela Knuth | | |
| | Alecia McMahon | | |
| 4 | Barb Bellairs | 49.9 | 1989 |
| | Jenny Helms | | |
| | Shelly Schmitt | | |
| | Karen Washington | | |
| 5 | Barb Bellairs | 50.1 | 1988 |
| | Shelly Schmitt | | |
| | Billie Stuckert | | |
| | Karen Washington | | |
| 6 | Erin John | 50.4 | 1993 |
| | Sandra Lawton | | |
| | Sandy Lewandowski | | |
| | Callie Kroeger | | |
| 7 | Suzanne Higgins | 50.42 | 2007 |
| | Allison Jorgensen | | |
| | Alex Armes | | |
| | Jeri Walkowiak | | |
| 8 | Allison Klimek | 50.5 | 2001 |
| | Sheena Waters | | |
| | Kayla Pietzyk | | |
| | Shanna VanZyl | | |
| 9 | Alissa Axford | 50.59 | 1999 |
| | Shanna VanZyl | | |
| | Abby Conner | | |
| | Kayla Pietzyk | | |
| 10 | Suzanne Higgins | 50.6 | 2008 |
| | Allison Jorgensen | | |
| | Michaela Knuth | | |
| | Alex Armes | | |

Top Ten 1600m Relay Teams: 1988–2008

| | Name | Performance | Year | |
|--------------------------|------------------------|--------------------------|-----------------|-------------|
| School Record | Ann Armes | 3:58.262 | 2007 | |
| | Allison Jorgensen | | | |
| | Alex Armes | | | |
| | Suzanne Higgins | | | |
| | 1 | Ann Armes | 3:58.262 | 2007 |
| | Allison Jorgensen | | | |
| | Alex Armes | | | |
| | Suzanne Higgins | | | |
| | 2 | Allison Jorgensen | 4:01.971 | 2008 |
| | Tana O'Boyle | | | |
| Suzanne Higgins | | | | |
| Alex Armes | | | | |
| 3 | Angie Aufdemberge | 4:04.1 | 1987 | |
| Jenny Helms | | | | |
| Shelly Schmitt | | | | |
| Karen Washington | | | | |
| 4 | Ann Armes | 4:04.5 | 2007 | |
| Allison Jorgensen | | | | |
| Ariel Krolkowski | | | | |
| Suzanne Higgins | | | | |
| 5 | Ann Armes | 4:04.571 | 2006 | |
| Mollie Myers | | | | |
| Johnna Jeffries | | | | |
| Suzanne Higgins | | | | |
| 6 | Barb Bellairs | 4:05.6 | 1989 | |
| Jenny Helms | | | | |
| Shelly Schmitt | | | | |
| Karen Washington | | | | |
| 7 | Karissa Foight | 4:05.89 | 1995 | |
| Wendy Tjaden | | | | |
| Sandra Lawton | | | | |
| Anni Ridley | | | | |
| 8 | Tara Price | 4:06.7 | 1992 | |
| Erin John | | | | |
| Jill Dugan | | | | |
| Callie Kroeger | | | | |
| 9 | Karissa Foight | 4:07.2 | 1996 | |
| Stacy Sherlock | | | | |
| Alissa Axford | | | | |
| Sara Farrand | | | | |
| 10 | Suzanne Higgins | 4:07.3 | 2008 | |
| Allison Jorgensen | | | | |
| Malorie Meier | | | | |
| Alex Armes | | | | |

Top Ten 3200m Relay Teams: 1988–2008

| No | Name | Performance | Year |
|----------------------|--------------------|-------------|------|
| School Record | Melisa Ritchie | 9:45.87 | 2004 |
| | Kristen Fitzgerald | | |
| | Laura Heuermann | | |
| | Anne McGovern | | |
| 1 | Melisa Ritchie | 9:45.87 | 2004 |
| | Kristen Fitzgerald | | |
| | Laura Heuermann | | |
| | Anne McGovern | | |
| 2 | Christine Haney | 9:49.95 | 1993 |
| | Erica Shonsey | | |
| | Amy Melcher | | |
| | Gretchen Roeser | | |
| 3 | Anne McGovern | 9:50.541 | 2003 |
| | Megan Faz | | |
| | Laura Heuermann | | |
| | Kelli Bunger | | |
| 4 | Emily Humphrey | 9:50.93 | 1999 |
| | Krissy Rerucha | | |
| | Susanne Swanson | | |
| | Katie Roe | | |
| 5 | Sara Farrand | 9:51.2 | 1998 |
| | Emily Humphrey | | |
| | Deidre Maser | | |
| | Krissy Rerucha | | |
| 6 | Robyn Fickes | 9:53.41 | 1996 |
| | Sara Farrand | | |
| | Susanne Swanson | | |
| | Amy Bandemer | | |
| 7 | Anne McGovern | 9:59.28 | 2002 |
| | Brooke DeNoyer | | |
| | Kelli Bunger | | |
| | Megan Faz | | |
| 8 | Melanie Underwood | 10:01.8 | 1992 |
| | Trudy Tesmer | | |
| | Erica Shonsey | | |
| | Christine Haney | | |
| 9 | Kristen Fitzgerald | 10:02.61 | 2006 |
| | Laura Heuermann | | |
| | Julie Kaup | | |
| | Andrea Steele | | |
| 10 | Sara Farrand | 10:03.39 | 1997 |
| | Krissy Rerucha | | |
| | Emily Humphrey | | |
| | Susanne Swanson | | |