

## ***2008 State Track Meet Summary***

### **State Meet Qualifiers**

#### **Juniors**

Alex Armes (3)	100m, 200m, 1600m Relay
Allison Jorgensen (2)	400m Relay, 1600m Relay
McKayla Gowan (1)	Shot Put
Carissa Kinne (1)	Shot Put, Discus
Michaela Knuth (2)	Triple Jump, 400m Relay
Ariel Krolikowski (3)	Long Jump, High Jump
Amber Kunze (2)	Pole Vault

#### **Seniors**

Suzanne Higgins (4)	400m, 300m Hurdles, 400m Relay, 1600m Relay
Alecia McMahon (1)	400m Relay
Tana O'Boyle (1)	Triple Jump, 300m Hurdles, 1600m Relay

(1) Number of years the athlete has represented GISH at the State Track Meet.

### **State Meet Highlights**

- **GISH - Class A Runner-Up!**
- The team scored points in ten of the twelve events it qualified in.
- Alex Armes wins the All Class Gold Medal in the 200m Dash.
- Four individuals scored points in multiple events:
  - Suzanne Higgins (4 events)
  - Alex Armes (3 events)
  - Allison Jorgensen (2 events)
  - Ariel Krolikowski (2 events)
- Two individuals had season best performances:
  - Alex Armes (100m, 200m)
  - Ariel Krolikowski (Long Jump, High Jump – Ties Season Best Performance)
- Three individuals set personal records:
  - Alex Armes (1600m Relay Split)
  - Allison Jorgensen (1600m Relay Split)
  - Amber Kunze (Pole Vault)

### State Meet Highlights – cont'd

- Two relay teams had season best performances:
  - 400m Relay (Suzanne Higgins, Allison Jorgensen, Michaela Knuth, Alecia McMahon)
  - 1600m Relay (Allison Jorgensen, Tana O'Boyle, Suzanne Higgins, Alex Armes)

### State Meet Medalists

Alex Armes	100m (2nd) 200m (1st, All Class Gold) 1600m Relay (3rd)
McKayla Gowan	Shot Put (7th)
Suzanne Higgins	400m (3rd) 300m Hurdles (3rd) 400m Relay (4th) 1600m Relay (3rd)
Allison Jorgensen	400m Relay (4th) 1600m Relay (3rd)
Michaela Knuth	400m Relay (4th)
Ariel Krolkowski	Long Jump (2nd) High Jump (2nd Tie)
Amber Kunze	Pole Vault (4th)
Alecia McMahon	400m Relay (4th)
Tana O'Boyle	1600m Relay (3rd)

**State Meet School Records / Personal Records / Season Best Performances**

Alex Armes	100m (12.348 – Season Best Performance) 200m (25.238 – Season Best Performance) 1600m Relay (56.6 - Personal Record Split Time) 1600m Relay (4:01.971 – Season Best Performance)
Suzanne Higgins	400m Relay (49.834 - Season Best Performance) 1600m Relay (4:01.971 – Season Best Performance)
Allison Jorgensen	400m Relay (49.834 - Season Best Performance) 1600m Relay (1:01.1 - Personal Record Split Time) 1600m Relay (4:01.971 – Season Best Performance)
Michaela Knuth	400m Relay (49.834 - Season Best Performance)
Ariel Krolikowski	Long Jump (17-03.75 – Season Best Performance) High Jump (5-04 – Ties Season Best Performance)
Amber Kunze	Pole Vault (10-04 - Personal Record)
Alecia McMahon	400m Relay (49.834 - Season Best Performance)
Tana O'Boyle	1600m Relay (4:01.971 – Season Best Performance)

### Improvements/Ties in Class A State Meet Ranking—Based on District Meet Results

Alex Armes	100m (ranked 3rd tie, finished 2nd) 200m (ranked 2nd, finished 1st) 1600m Relay (ranked 7th, finished 3rd)
Amber Kunze	Pole Vault (ranked 7th, finished 4th)
Suzanne Higgins	300m Hurdles (ranked 3rd, finished 3rd) 400m Relay (ranked 6th tie, finished 4th) 1600m Relay (ranked 7th, finished 3rd)
Allison Jorgensen	400m Relay (ranked 6th tie, finished 4th) 1600m Relay (ranked 7th, finished 3rd)
Carissa Kinne	Shot Put (ranked 16th, finished 13th)
Michaela Knuth	Triple Jump (ranked 16th, finished 14th) 400m Relay (ranked 6th tie, finished 4th)
Ariel Krolkowski	High Jump (ranked 7th, finished 2nd tie)
Alecia McMahon	400m Relay (ranked 6th tie, finished 4th)
Tana O'Boyle	1600m Relay (ranked 7th, finished 3rd)